

# 4 SIMPLE STEPS TO A HEALTH CARE PROXY

Everyone should have a health care proxy, and it's easier than you think.



## 1 CHOOSE AN AGENT

Choose someone who understands your wishes and is willing to act for you.

## 2 SECURE A FORM FROM YOUR STATE OR ATTORNEY

There are multiple sources for health care proxy forms.



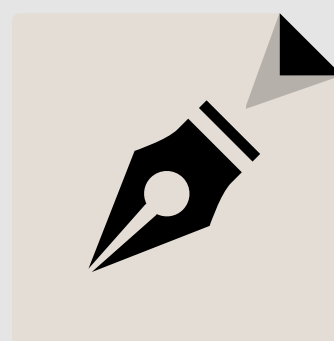
## 3 SELECT AN OPTION FOR YOUR SITUATION

You may wish to have no limitations on your agent or to spell out your wishes in detail.



## 4 SIGN, FILE, AND DISTRIBUTE

You should make at least four photocopies. Keep the original for yourself where it can be found easily .



**QUESTIONS? CHECK OUT OUR  
WEBSITE OR CALL 617-734-5600**